

August 2023

| sun |                  | mon | tue | wed | thu | fri | sat                  |
|-----|------------------|-----|-----|-----|-----|-----|----------------------|
|     |                  |     | 1   | 2   | 3   | 4   | 5                    |
| 6   | m Meet The TR1BE | 7   | 8   | 9   | 10  | 11  | 12                   |
| 13  |                  | 14  | 15  | 16  | 17  | 18  | m HS Cross Country19 |
| 20  |                  | 21  | 22  | 23  | 24  | 25  | m HS Cross Country26 |
| 27  |                  | 28  | 29  | 30  | 31  |     |                      |

September 2023

| sun |  | mon | tue | wed | thu | fri | sat                  |
|-----|--|-----|-----|-----|-----|-----|----------------------|
|     |  |     |     |     |     | 1   | m HS Cross Country2  |
| 3   |  | 4   | 5   | 6   | 7   | 8   | m HS Cross Country9  |
| 10  |  | 11  | 12  | 13  | 14  | 15  | m HS Cross Country16 |
| 17  |  | 18  | 19  | 20  | 21  | 22  | m HS Cross Country23 |
| 24  |  | 25  | 26  | 27  | 28  | 29  | m HS Cross Country30 |

October 2023

| sun |                    | mon | tue                  | wed | thu | fri | sat |
|-----|--------------------|-----|----------------------|-----|-----|-----|-----|
| 1   |                    | 2   | 3                    | 4   | 5   | 6   | 7   |
| 8   | m HS Cross Country | 9   | 10                   | 11  | 12  | 13  | 14  |
| 15  |                    | 16  | 17                   | 18  | 19  | 20  | 21  |
| 22  |                    | 23  | m HS Cross Country24 | 25  | 26  | 27  | 28  |
| 29  |                    | 30  | 31                   |     |     |     |     |